

Rockwell  
 Charter High  
 Outpost Menu

# September

2020

Monday	Tuesday	Wednesday	Thursday	Friday
31-Aug	1	2	3	4
Bean Burrito w/ Rice	Egg McMuffin	Bean Burrito w/ Rice	Egg McMuffin sandwich w/ Sausage & hashbrowns	
7	8	9	10	11
No School Labor Day	Cheese Bites w/ Sauce	Chicken Patty Sandwich & Chips w/ Mac & Cheese	Cheese Bites w/ Sauce	
14	15	16	17	18
Tornados w/ Hashbrowns	Corn-dogs w/ chips & Potato salad	Tornados w/ Hashbrowns	Corn-dogs w/ chips & Potato salad	
21	22	23	24	25
Salad Shakers w/ roll	Ham or Turkey Hoagies w/ chips	Salad Shakers w/ roll	Ham or Turkey Hoagies w/ chips	
28	29	30	1-Oct	
Pancakes w/ sausage & Hashbrowns	Rock Dogs w/ potato salad	Pancakes w/ sausage & Hashbrowns	Rock Dogs w/ potato salad	

*Free and reduced lunch applications accepted anytime online through [Aspire](#) or in the office.*

*This institution is an equal opportunity provider*